



POINTS OF INTEREST

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| 1. Discovery North Bay | 24. Lee Park |
| 2. Capitol Centre | 25. Veterans Park |
| 3. Downtown North Bay | 26. Silver Beach Park |
| 4. Pedestrian Underpass | 27. Laurentian Ski Club |
| 5. North Bay District Chamber of Commerce/ Tourist Information/ Dionne Quints Museum | 28. Thomson Park |
| 6. City Transit Station | 29. Amelia Fields |
| 7. City Hall | 30. Steve Omischl Sports Complex |
| 8. Public Library | 31. Sunset Park |
| 9. North Bay Mall | 32. Marathon Beach |
| 10. Northgate Square | |
| 11. YMCA | |
| 12. Train/Carousel | |
| 13. Chief Commanda Cruise | |
| 14. Trans Canada Trail Pavilion | |
| 15. North Bay-Mattawa Conservation Authority | |
| 16. Ontario Northland Bus Station | |
| 17. Nipissing University/ Canadore College - Main Campus | |
| 18. Court House | |

ORGANIZED TRAILS AND PATHWAYS

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| 40. Kate Pace Way |
| 41. Kinsmen Trail |
| 42. Laurier Woods Conservation Area Trails |
| 43. Laurentian Escarpment Conservation Area Trails |
| 45. North Bay Nordic Ski Club |
| 46. Black Forest Trails |
| 47. La Vase Portages Conservation Area |
| 48. Cranberry Trail |
| 49. Heritage Site Walking Tour |

PARKS AND FACILITIES

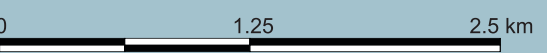
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| 20. Pete Palangio Arena |
| 21. West Ferris Arena |
| 22. Memorial Gardens |
| 23. Champlain Park |

UNORGANIZED TRAILS

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| 50. Duchesnay Falls Trails |
| 51. Champlain Park Trails |
| 52. Laurentian Trails |
| 53. Education Centre Trails |

LEGEND

	Water		Kate Pace Way
	Conservation Area		Kinsmen Trail
	Municipal Park		Nature Trail
	Land		Trans Canada Trail
	Road		Heritage Site
	Highway		Walking Tour (see inset)
	Rail Line		EcoPath
	North Bay Regional Health Centre		Trailhead Signage
	Travel Information Centre		Trail Parking
	Waterfront Marina		Water Bottle Fill Station
	Supervised Public Beach		Public Washroom
	Golf Course		Bicycle Fix Station



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